

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**MEAL REQUIREMENTS**

Must select at least 3 of the 5 offered components:  
Meat/Meat Alternative; Grain; Veggie; Fruit; Milk

**ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!**

**1**

Concha

Chicken & Vegetable Dumplings & Brown Rice

**2**

Ultimate Breakfast Round

Cheeseburger & Smile Fries

**3**

Pop Tarts

Galaxy Cheese Pizza (v)

**4**

Banana Muffin & Grahams

Miller's Uncured Beef Hot Dog

1% unflavored and fat free chocolate milk offered at every meal



**8**

SPRING BREAK



**10**

SPRING BREAK



You must select 1/2 cup fruit or vegetables with lunch, 1/2 cup with breakfast. You may select more

**14**

Pop Tart

Grilled Cheese (v)

**15**

Banana Bread

BBQ Beef Riblet on a Bun & Smile Fries

**16**

Nutrigrain Bar & Grahams

Cheeseburger & Tater Tots

**17**

Blueberry Muffin & String Cheese

Galaxy Pepperoni Pizza

**18**

Mini WG Powdered Donut

Teriyaki Beef Dippers w/Brown Rice

All meals are offered at NO COST to all students.

**21**

Pop Tarts

PB & J Uncrustable & String Cheese (v)

**22**

Concha

Chicken & Vegetable Dumplings & Brown Rice

**23**

Ultimate Breakfast Round

Cheeseburger & Smile Fries

**24**

Benefit Bar

Galaxy Cheese Pizza (v)

**25**

Banana Muffin & Graham Crackers

Baked Mac and Cheese (v)

Limit of one breakfast and one lunch per student per day, please.

**28**

Pumpkin Bread

Coyote Grill Quesadilla (v)

**29**

Cinnamon Bun

Chicken Nuggets & Biscuit

**30**

Concha

Crispy Chicken Sandwich

