

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Cinnamon Bun
Crispy Chicken Sandwich

4

Concha
Chicken Vegetable Dumplings & Rice

5

Ultimate Breakfast Round
Cheeseburger & Smile Fries

6

Pop Tarts
Galaxy Cheese Pizza (v)

7

Banana Muffin & Grahams
House Made Mac and Cheese (v)

1% unflavored and fat free chocolate milk offered at every meal.

10

NO SCHOOL
STAFF DEVELOPMENT DAY

11

Pop Tarts
Chicken Nuggets & Waffle

12

Concha
Crispy Chicken Sandwich

13

Yogurt & Bug Bite Grahams
Galaxy Cheese Pizza (v)

14

Apple Cinnamon Muffin & Grahams
Mozzarella Stuffed Breadsticks (v)

You must select 1/2 cup fruit or vegetables with lunch, 1/2 cup with breakfast. You may select more.

17

Benefit Bar
Chicken Corn Dog

18

Pop Tarts
Hamburger

19

Cinnamon Bun
Popcorn Chicken & Breadstick

20

Concha
Galaxy Cheese Pizza (v)

21

Ultimate Breakfast Round
Cheesy Italian Pull Apart (v)

All meals are offered at NO COST to all students.

24

Bagel & Cream Cheese
Mozzarella Stuffed Breadsticks (v)

25

Banana Bread
Chicken Nuggets & Waffle

26

Nutrigrain Bar & Grahams
BBQ Beef Riblet & Smile Fries

27

Blueberry Muffin & String Cheese
Galaxy Pepperoni Pizza

28

Powdered Mini WG Donuts
Teriyaki Dippers & Rice

Limit of one breakfast and one lunch per student per day, please.

31

Benefit Bar
Peanut Butter and Jelly Uncrustable & String Cheese (v)

MEAL REQUIREMENTS

Must select at least 3 of the 5 offered components:
Meat/Meat Alternative; Grain; Veggie; Fruit; Milk

ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!



MARCH ON TO A HEALTHY YOU

MARCH IS NATIONAL NUTRITION MONTH

nourishment comes from all the foods you eat. Eat a variety of foods like fruits, vegetables, dairy products, proteins, and grains to give your body everything you need to grow, learn, and play!

