

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MEAL REQUIREMENTS

Must select at least 3 of the 5 offered components:
Meat/Meat Alternative;
Grain; Veggie; Fruit; Milk

ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!



1% unflavored and fat free chocolate milk offered at every meal

6

Pop Tarts
PB and J Uncrustables (v)

7

Pop Tarts
PB and J Uncrustable (v)

8

Cinnamon Bun
Coyote Grill Quesadilla (v)

9

Concha
Galaxy Cheese Pizza (v)

10

Apple Cinnamon Muffin & String Cheese
Spaghetti w/Meat Sauce

You must select 1/2 cup fruit or vegetables with lunch, 1/2 cup with breakfast. You may select more

13

Bagel & Cream Cheese
Cheese Enchiladas (v)

14

Banana Bread Slice
BBQ Beef Rib on a Bun w/Smile Fries

15

Benefit Bar
Crispy Chicken Sandwich

16

Blueberry Mini Muffin & String Cheese
French Bread Pizza (v)

17

Mini Powdered WG Donuts
Teriyaki Beef Dippers w/Rice

All meals are offered at NO COST to all students.



21

Pop Tart
Corn Dog

22

Ultimate Breakfast Round
Cheeseburger & Tater Tots

23

Bagel & Cream Cheese
Galaxy Pepperoni Pizza

24

Banana Muffin & Grahams
Miller's Uncured Hot Dog & Smile Fries

Limit of one breakfast and one lunch per student per day, please.

27

Banana Bread Slice
Mozzarella Stuffed Bread Sticks (v)

28

Cinnamon Bun
Popcorn Chicken & Biscuit

29

Yogurt & Bug Bite Grahams
Bean & Cheese Burrito (v)

30

Concha
Galaxy Cheese Pizza (v)

31

Apple Cinnamon Muffin & Grahams
Chicken Nuggets & Brown Rice