

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**MEAL REQUIREMENTS**  
 Must select at least 3 of the 5 offered components:  
 Meat/Meat Alternative;  
 Grain; Veggie; Fruit; Milk  
**ONE SELECTION MUST BE A 1/2 CUP OF FRUIT OR VEGGIE!**



**1**  
 STAFF DEVELOPMENT DAY  
 NO SCHOOL

1% unflavored and fat free chocolate milk offered at every meal

**4**  
 Banana Bread  
 Mozzarella Stuffed Breadsticks (v)

**5**  
 Cinnamon Bun  
 Cheeseburger

**6**  
 Yogurt w/Bug Bite Grahams  
 Coyote Grill Quesadilla (v)

**7**  
 Concha  
 Galaxy Cheese Pizza (v)

**8**  
 Apple Cinnamon Muffin w/String Cheese  
 Spaghetti w/All Beef Sauce

You must select 1/2 cup fruit or vegetables with lunch, 1/2 cup with breakfast. You may select more



**12**  
 Strawberry or Cinnamon Pop Tart  
 BBQ Beef Riblet on Bun

**13**  
 Benefit Bar  
 Crispy Chicken Sandwich

**14**  
 Blueberry Muffin with String Cheese  
 Galaxy Pepperoni Pizza (v)

**15**  
 Powdered Mini WG Donuts  
 Teriyaki Dippers w/Brown Rice

All meals are offered at NO COST to all students.

**18**  
 Cinnamon Bun  
 Pasta Alfredo (v)

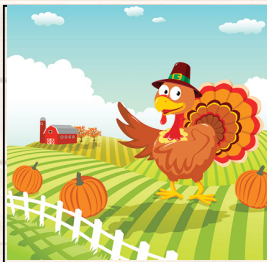
**19**  
 Whole Grain Croissant  
 Chicken Corn Dog

**20**  
 Ultimate Breakfast Round  
 Cheeseburger

**21**  
 Whole Grain Bagel w/Cream Cheese  
 Cheesy French Bread Pizza (v)

**22**  
 Banana Mini Muffin w/String Cheese  
 Bean & Cheese Pupusa (v)

Limit of one breakfast and one lunch per student per day, please.



**26**  
 SCHOOL CLOSED

